

# Traditional Chinese Medicine (TCM) approach to Childhood Myopia 青少年近视的中医疗法

Childhood myopia is an increasingly prevalent sight in Singapore, with one in five children wearing spectacles before they enter primary school. In fact, the Singapore National Eye Centre has indicated that myopia is a serious problem in Singapore. The prevalence of childhood myopia among seven-to nine-year-olds is one of the highest in the world.

Join Dr Pat Lim, Dr Koh Hui Hiang, Mr Chua Zhi Peng (Donovan) in this English/Chinese bilingual talk to find out the methods used to diagnose childhood myopia and how to use TCM treatment to prevent and manage childhood myopia.

在新加坡，孩童近视现象越来越普遍，五分之一的孩童在上小学前就已戴上眼镜。事实上，新加坡7-9岁孩童的近视率世界最高之一。

林秋霞博士，许慧贤博士，蔡志鹏先生以中英双语和参加者分享如何识别和使用中医治疗来预防和控制儿童近视。

Venue 地点	Chong Pang Community Club, Auditorium, Level 3 忠邦民众俱乐部礼堂 21 Yishun Ring Road, Singapore 768677
Date / Time 日期/ 时间	27/07/2019 (Saturday 星期六) / 5.00pm – 6.30pm
Target group 对象	Parent & Children (7 -18 years old) (Up to 4 pax) 家长和孩童 (7-18岁) (最多4位)
Registration Info 报名详情	Please visit Vibrance @ Yishun to register 请到自助团体联合中心报名 Vibrance @ Yishun 自助团体联合中心 Blk 145 Yishun St 11 #01-41 S760145 ☎: 6752 7760 Operating Hours 开放时间 Mon - Fri 星期一至星期五 (1pm - 10pm) Sat & Sun 星期六及星期日 (10am - 5pm)